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Authentic Portuguese Cooking: More Than 185 Classic Mediterranean-Style Recipes of the Azores, Madeira and Continental Portugal. Ana Patuleia Ortins will help you travel to and experience the unique paradise of Portugal without setting foot on a plane.

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Meals such as stewed seafood flavored with herbs and vinegar, homestyle bread made with sweet potato, rich sausage stews, ribs sweetened with pepper paste-all food Ana Patuleia Ortins has eaten growing up as a first generation descendant of Portuguese immigrants, as well as taught in her cooking classes in the Portuguese-rich community of Gloucester, Massachusetts.

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My two cookbooks, Authentic Portuguese Cooking and Portuguese Homestyle Cooking, take you on a culinary journey into the food and history of Portugal. Read More Info about Books Ana Patuleia Ortins

Traditional and Authentic Portuguese Food Cooking Recipes ...

from Authentic Portuguese Cooking: More Than 185 Classic Mediterranean-Style Recipes of the Azores, Madeira and Continental Portugal Authentic Portuguese Cooking by Ana Patuleia Ortins Categories: Sauces for meat; Stuffing; Appetizers / starters; Main course; Portuguese

Authentic Portuguese Cooking: More Than 185 Classic ...

In Portugal, pork is the king of meats, not beef. In fact one would be hard pressed to find more than two offerings of beef on any typical restaurant menu. There seems to be a large number of Azorian influenced recipes most likely because most Portuguese-Americans can trace their ancestry back to those Atlantic Isles.

Amazon.com: Customer reviews: Authentic Portuguese Cooking ...

“Authentic Portuguese Cooking is an exceptionally appealing and comprehensive collection of recipes. Even if you're new to Portuguese cuisine, the recipes are easy to follow. The directions for the contemporary kitchen, along with notes on the cultural traditions of the dishes, provide us with a unique combination of both current and old-world Portuguese cooking. A must-have cookbook!” —Jacky Ankeles, WBNP Radio

Authentic Portuguese Cooking: More Than 185 Classic ...

The dishes of Portugal are known for being mild in spice but rich in flavor. Meals such as stewed seafood flavored with herbs and vinegar, homestyle bread made with sweet potato, rich sausage stews, ribs sweetened with pepper paste-all food Ana Patuleia Ortins has eaten growing up as a first generation descendant of Portuguese immigrants, as well as taught in her cooking classes in the Portuguese-rich community of Gloucester, Massachusetts.

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Embrace the flavors of Portugal and learn how to make all parts of a true Portuguese meal, from meats such as Madeiran Wine and Garlic Beef Kabobs, Mushroom-Stuffed Pork Tenderloin with Pomegranate Sauce and Saint Martin's Grilled Salt

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Cod with Potatoes, to sides of Sautéed Kale with Pine Nuts and Onions and homemade bread.

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